



# care matters

Hospice of the Foothills **Community Report**

October, 2012

## Bringing a Loved One Home

*Compassionate care inspires a legacy of comfort and community.*

In the spring of 2011, 29 year old Kyle Sutherland noticed a small “bump” low on his left jaw. The Arizona State University graduate was a robust athlete—golf high on his regimen of sports activities—and taking courses to prepare for nursing school.

A visit to his dentist suggested nothing amiss, although he began to experience discomforting pain in his left shoulder, back, and hip. As these symptoms became more acute, in early May Kyle’s physician ordered an MRI. The resulting diagnosis was shocking; osteo sarcoma, a malignant cancer, that would require extensive surgery and many rounds of chemotherapy and radiation.

On the advice of his physician and with the support of his parents, Alta Sierra residents Dan and Debe Wilson, Kyle sought treatment from specialists in Seattle. Once there, following days of testing, the family was informed that Kyle’s cancer had metastasized to his femur, lungs, shoulder, and spine. The new diagnosis—active renal cell, Stage IV cancer—was devastating. Accompanied by his mother, Kyle returned to Arizona for treatment. By August 2011, the spinal tumors were causing severe pain and reducing

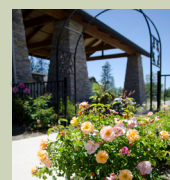
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Meeting Community Needs

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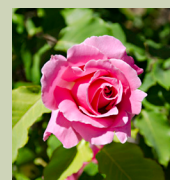
Celebrating the Circle of Care

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Kyle's mobility. Without surgery, Kyle would soon be paralyzed and unable to walk. For this former athlete, independence was essential to his quality of life and dignity.

Following his back surgery, Kyle's mother Debe traveled between Grass Valley and Scottsdale, AZ overseeing the increasingly complicated care of her son. After months of this back and forth, Kyle agreed to move to his parents' home in Alta Sierra. "He knew then," Debe said, "that he would never go back to Arizona."

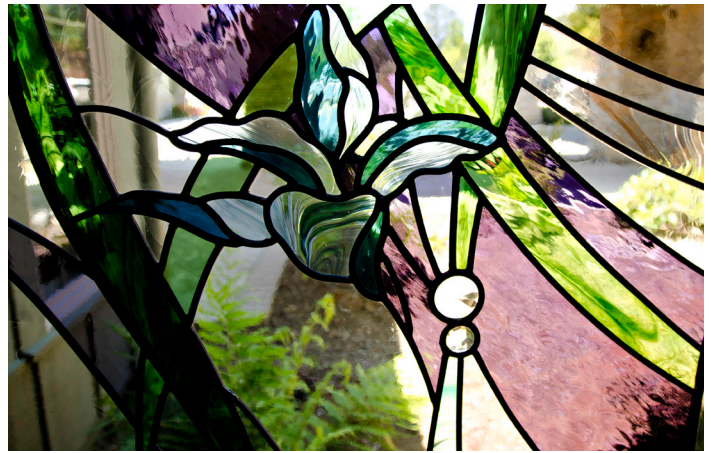
**O**ne rainy day in February when he was admitted to Sierra Nevada Memorial Hospital, his local physician, Dr. William Newsom, encouraged Kyle and his family to include the professional care team at Hospice of the Foothills in his plan of care. Soon thereafter, Kyle began receiving hospice care at home until the round-the-clock professional care available in the Compassionate Care Home was needed.

"He felt really safe here," Debe said, her glance taking in the Compassionate Care Home. "He knew his needs were being attended to; his pain was being managed and he was receiving emotional support. Kyle bonded with his caregivers and the staff. Katherine and Brad were among his favorites. Kyle was a talker and Katherine took time to listen. Kyle loved music and Brad came in frequently to play the guitar and visit." Kyle's Pomeranian, Cocoa, and Debe were a constant presence at his bedside, reassuring Kyle that he was not alone.

In the serenity and security of the Compassionate Care Home, Debe and her son talked and talked; they talked



Debe & Kyle



about how he would have loved to have had time enough to be a father and about life before, life during, and what after life might be. Debe treasures these intimate hours with Kyle and is grateful for the comforting environment of the Home that made them possible.

Kyle passed away on April 1, 2012. In the preceding several days family members, friends, and loved ones had come to say goodbye. But late that evening, it was just mother and son. "We started his life together," Debe whispered, "and we ended it together."

*"He felt really safe here...he knew his needs were being attended to; his pain was being managed and he was receiving emotional support..."*

Debe Wilson

In the following weeks, numerous gifts in Kyle's memory were received by Hospice of the Foothills and he was memorialized on a leaf on the Memorial Wall in the garden adjacent to the Compassionate Care Home. In addition to these generous donations, members of the Alta Sierra Country Club Women's Club knitting group, inspired by Debe's experience, began making prayer shawls to be given to family members of patients in the Compassionate Care Home.

"I was truly comforted by the beautiful shawl I was given while Kyle was in the Compassionate Care Home," Debe said on the August day 22 shawls were presented to Hospice of the Foothills during a moving ceremony in the Home's chapel. "Having my friends and neighbors undertake such a meaningful project in honor of Kyle is a legacy of care and comfort that will be passed on to other patients in the Compassionate Care Home and their families."

# In-Service to Our Community

*Meeting the needs of veterans, seniors, the bereaved & underserved*

Hospice of the Foothills has a long history of serving those in our community with life-limiting illnesses who most often do not seek or receive the care and support they need—our veterans, seniors, the bereaved and underserved. For a variety of reasons, many of them are isolated from the mainstream of public services, community healthcare, familial support, and programs that sustain dignity and quality of life. Hospice of the Foothills offers programs that connect them with the care and support they need and deserve.



## Veterans

As a 2009 Veterans Administration “Reaching Out” grant recipient, Hospice of the Foothills helped pave the way for the National Hospice and Palliative Care Organization’s WE HONOR VETERANS program launched this year. Hospice of the Foothills provides education programs for care professionals and the community about end-of-life care and services and the unique needs of Veterans. As a hospice and supportive care provider, Hospice of the Foothills collaborates with the Veterans Health Systems and Outpatient Clinics throughout the region to provide our veterans with the highest quality of care with dignity that they deserve.

*Hospice of the Foothills is privileged to serve those who have served us.*



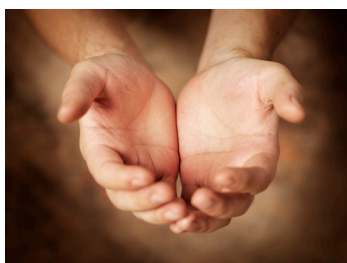
## Seniors

In collaboration with our community healthcare partners and agencies, Hospice of the Foothills provides supportive services to seniors with life-limiting illnesses. These services include advanced care planning, care coordination and referral, bereavement and spiritual care counseling, and other health and safety related services through our *Transitions* program.



## The Bereaved

Comfort and support for grieving loved ones is provided by bereavement professionals as a community service of Hospice of the Foothills. Weekly bereavement support groups are open to community members as well as Hospice families and include a general bereavement group for adults and a widow/widower group for men and women whose spouses have passed away. Hospice also hosts a monthly men’s breakfast for widowers and Ruth’s Group, a monthly widow’s social luncheon. All bereavement support groups meet at Hospice of the Foothills. Bereavement services are confidential and free of charge.



## The Underserved

Hospice of the Foothills is committed to help our underserved population stay connected to the community services they need and deserve. HOF’s *Transitions* program provides case coordination services to those in our community with life-limiting illnesses and their families. It does this through a process of referrals and collaboration with our community healthcare partners covering a wide range of services essential to health, safety, quality of life, and dignity.

## Contact Hospice of the Foothills for Assistance & Services

To join a **bereavement group** or to learn more about grief counseling services, call Allied Services Supervisor Cynthia Meilicke, MS, CT at 530.272.5739.

To access **Transitions** program services, call Transitions Coordinator Lorraine Starr at 530.272.5011.

To learn more about Hospice of the Foothills **community service programs**, visit our website at [www.hofo.org](http://www.hofo.org).

# Dedication Celebration

## Honoring Loved Ones, Donors, & Friends

### The Memorial Wall

More than 100 patient families, friends, and donors attended the May 5, 2012, dedication of Hospice of the Foothills' Memorial Wall. The wall is adjacent to the

Compassionate Care Home and Cece's Garden.



On the south wall is an inspirational artwork oak tree designed and crafted for Hospice of the Foothills by local artist David Burns. The names of 128 loved ones, memorialized on the tree's engraved leaves, were read by HOF Bereavement and Allied Services Supervisor Cynthia Meilicke, MS, CT,

and Spiritual Care Coordinator Brad Helmuth, MDiv, during the moving dedication ceremony. The Memorial Wall is open to anyone desiring to memorialize their loved ones in a serene setting surrounded by the beauty of art and nature. *For information on how to place the name of a loved one on the Memorial Wall call Karen Wood at 530.274.5115.*

### Cece's Garden

Family and friends of long-time Hospice benefactor and volunteer Cece Fowler also celebrated the opening of the garden they helped "grow" through their generous gifts. Cece's husband, Charles Fowler, and daughter, Kim Fowler Janousek, fondly recalled Cece's affiliation with the Ridge Road Garden Club as well as her many years of service with Friends of Hospice. A permanent plaque recognizing those who made donations to "grow" Cece's Garden was mounted on the garden's east wall. HOF very much

appreciates the donation of materials and labor from B&C True Value Home & Garden Center, BP Landscapes, Hansen Bros. Enterprises, & MK (Mark Tintle) & Sons.

A festive punch and cookies reception was held in the Kerby Conference Room and on the Ethel Gordon Patio following the ceremony and celebration.

### Circle of Care Donor Recognition

The dedication celebration included the recognition of the 2011/12 donors to HOF annual fund's *Circle of Care*: Caring Benefactors, Caring Sustainers, & Sustaining Circle. Caring Benefactors Charles S. Fowler, Friends of Hospice, Lynn & Camille Kerby, and Olga Thorson were each presented with a handsome plaque in recognition of their multi-year support of patient care and services through their gifts to the annual fund.

*Circle of Care* is Hospice of the Foothills premier stewardship and donor recognition program. All donors to Hospice of the Foothills of \$500.00 or more in a single year are members of HOF's annual *Circle of Care*. Members will be recognized each year in HOF's *Community Report* and will be invited to an appreciation event in recognition of their support. *To learn more about Circle of Care membership, call Karen Wood at 530.274.5115.*

*Cece's Garden*

This garden was lovingly grown by Cece's family & friends.

**ROSES**  
 Katherine Donald  
 B & C True Value Home Center  
 The Foothills Family

**AZALEAS**  
 Dan & Elvira Collette  
 Barbara & Betty Hahn  
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**RHODOENDRONS**  
 John Amundt & Mark Stone  
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**HYDRANGEAS**  
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 Hilary Lee Lumber  
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 William & Jacquette Stern  
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 Helen Williams

In memory of  
**CECE FOWLER**  
 Hospice of the Foothills' benefactor  
 &  
 founding member of  
 Friends of Hospice.

# Circle of Care

## Donors Dedicated to Compassionate Care

Hospice of the Foothills thanks the donors of \$500.00 and above in fiscal year 2011/12\* for supporting our mission, programs, patients and families.

### The 2011/2012 Circle of Care

#### **Caring Benefactors** (\$6,000 & above)

Charles S. Fowler  
Friends of Hospice  
Lynn & Camille Kerby  
Olga Thorson

#### **Caring Sustainers** (\$1,200 & above)

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Barbara J. Belmer  
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Alice Overby  
John & Dottie Scott  
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Jim & Mary Stradinger  
Gary & Carolyn Twing  
Chuck & Betty Zavitz

#### **Sustaining Circle** (\$500 to \$1,199.99)

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\*List of donors to June 30, 2012

# 2011/2012 Community Support

Hospice of the Foothills deeply appreciates the commitment and gifts from all donors during fiscal year 2011/12 who gave so generously to support our mission, programs, patients and families.

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 Marian Fitzgerald, MEM  
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 Wayne & Lynn Flaaten, MEM  
 Alan & Barbara Flint, MEM  
 Paul & Dolores Fluckiger, AF  
 Robert Folendorf, GD  
 Marjorie Folger, AF  
 Foothill Lions Club, AF  
 Forest Springs Residents Association, MEM  
 Susan Forga, GD  
 Edith Forrest, MEM  
 Fred Forsman, MEM  
 Leonard & Susan Forte, MEM  
 Foster & Son Trucking, Inc., AF  
 Francis Foucher, MEM  
 Dennis Fournier & Charles Grande, MEM  
 Charles Fowler, AF  
 Franklin & Pamela Fowler, AF  
 Marlene Fowler, MEM  
 Dave & Mary Franc, AF  
 Mario & Patricia Francesconi, AF  
 Henry & J. J. Franco, DES  
 Stephen Francone, AF  
 Jimmy & Roberta Franks, AF  
 Edwin & Carol Frazier, MEM  
 Keitha Frederick, MEM  
 Verne & Katherine Freer, MEM  
 Friends of Hospice, DES, GD  
 Linda Frisch, MEM  
 Daniel & Karen Fritz, MEM  
 Rolland & Linda Fritz, MEM  
 Ronald & Mary Lou Fuchs, MEM  
 Glenn Fuller, GD  
 Barbara Gable, MEM  
 Rosmary Gable, MEM  
 Florence Galbraith, MEM  
 Dr. Marian Gallaher, AF  
 Donald & Eileen Gallino, MEM  
 Karen Gansky, MEM  
 Diana Garbin, MEM  
 Dennis & Louise Garrison, AF  
 Frances Gates, MEM  
 William & Sharon Gebur, AF  
 Dan Gentile, AF  
 Paul & Barbara Gentzkow, MEM  
 Jeffrey & Susan George, MEM  
 Allan & J. Regan Gere, MEM  
 Larry & Judy Gherlone, MEM  
 Ruth Ghio, MEM  
 Deboshmita Ghosh, GD  
 Joe & Barbara Giamona, MEM  
 Gib Gianandrea, AF  
 Jacqueline Giangrande, MEM  
 F. Jane Gilchrist, AF, MEM  
 Carolyn Giles, MEM  
 Michael & Christine Gilmore, MEM  
 Dean Girdner, GD  
 Give with Liberty Employee Donations, GD  
 Dr. Gary Glaze, GD

Betty Glazier, MEM  
 Thomas & Darlene Gleisner, MEM  
 Gail Glick & Frederick Dorey, MEM  
 Global Outreach Ministries, Fellowship Bible Church, MEM  
 Jeffrey & Cynthia Glover, MEM  
 Robert & Joyce Goar, MEM  
 Pete & Mary Gobby, MEM  
 Ronald & Dereth Godar, MEM  
 Wayne & Betty Goforth, MEM  
 Gold Country Chapter of the Chevron Retirees Association, GD  
 Gold Country Italian American Club, MEM  
 Golden Empire Sams, GD  
 Michael Good, MEM  
 Kevin & Deborah Goodrich, MEM  
 Newton & Juanita Goodrich, MEM  
 Jeanette Goodspeed, MEM  
 Google Matching Gifts Program, MEM  
 Patricia Gordon, GD  
 Peter & Kathy Gort, AF  
 Leo & Janice Granucci, GD  
 Grass Valley Sign Company, DES  
 Grass Valley/Nevada County Chamber of Commerce, GD  
 Roland & Laura Grattan, MEM  
 Anna Greco & Michael Pugh, AF  
 Karen Green & R. Spangler, MEM  
 Richard & Margie Green, MEM  
 Hindi Greenberg, MEM  
 Arthur Gregg, AF  
 Edwin & Selma Gregg, AF  
 Robert & Esther Grib, MEM  
 Phyllis Griffin, MEM  
 Linsey Grinder, MEM  
 Thomas & Erna Grogan, MEM  
 Lorraine Groo, AF  
 Laura Gross, MEM  
 Dennis & Patricia Gruntorad, AF  
 Carl & Nancy Guastafarro, MEM  
 Linda Guess, MEM  
 Patricia Guinan, MEM  
 Thomas & Marietta Guinan, MEM  
 George Gumulinski, AF  
 Barbara Gunder, AF  
 Al & Patricia Lujan, AF  
 Paul & Lola Gustafson, MEM  
 Al & Rachel Gutierrez, MEM  
 Albert & Denise Guy, AF  
 Harold Hacke, MEM  
 David Haight & Jack Meier, AF  
 Lynn Haight, MEM  
 Douglas & Deborah Hake, GD  
 Robert & Kathleen Hall, AF  
 Margaret Hall & W. S. Morris, GD  
 William & Nancy Hamilton, MEM  
 Elizabeth Hammond, MEM  
 Thomas & Barbara Hankins, MEM  
 Maryalyce Hansen, MEM  
 Hansen Bros. Enterprises, MEM  
 Brian Harms, MEM  
 M. Scott & Deborah Harms, MEM  
 Richard & Kristan Harrington, MEM  
 Tracy Harrington, MEM  
 James & Joann Hartman, MEM  
 Cynthia Hasselman, MEM



# 2011/2012 Community Support | *continued*

Christine Hastey, MEM  
 Earl & Cynthia Hatt, MEM  
 Donald & Carol Hauswirth, MEM  
 Spenser & Valerie Havlick, MEM  
 Jim & Diana Hawkeswood, MEM  
 Clifford & Joan Haynes, MEM  
 Douglas & Karen Hecox, MEM  
 Delbert & Virginia Hedges, MEM  
 J. Hegenbart, MEM  
 Carole Hegg, MEM  
 Steve & Cheri Heilmann, MEM  
 Dennis & Phoebe Heinz, MEM  
 Gregory & Margaret Helland, MEM  
 Madelyn Helling, AF  
 Brad Helmuth, GD, MEM  
 James & Darlene Helzer, MEM  
 Terri & Marianna Hemings, MEM  
 Frederick Hennen, MEM  
 Helen Henning, GD  
 Lawrence & Myrna Heppie, AF  
 Julian & Ellen Hernandez, MEM  
 Virginia Herron, MEM  
 Stephen & Donna Hicks, MEM  
 Martin Hight, MEM  
 Marilyn Hill, MEM  
 Nancy Hill, AF  
 Richard & Janice Hill, MEM  
 Sheree Hill, MEM  
 Margery Hilliard, AF  
 Jo Ann Hinchcliffe, AF, MEM  
 Dr. Richard Hochwald &  
 Barbara Travis, AF  
 Bruce & Carol Hocking, MEM  
 Janet Hodder, MEM  
 Alan & Susan Hodges, MEM  
 James & Marjorie Hoerber, MEM  
 Milton & Mary Claire Hoever, GD  
 Fred & Leslee Hoffer, MEM  
 George Holeman, MEM  
 Carolyn Holt, MEM  
 John Holt, MEM  
 Nelson & Joyce Holt, MEM  
 Stephen & Sandra Holt, MEM  
 Lawrence & Carolyn Homan, MEM  
 John & Betty Hood, MEM  
 Hooper and Weaver Mortuary,  
 Inc., MEM  
 Tom & Susan Hopkins, AF  
 Carole Hopper, MEM  
 Gary Hopper, MEM  
 Jean Horigan, MEM  
 Horseheads Chiropractic, MEM  
 Linda Horwitz, MEM  
 Jack & Marilyn Hoss, MEM  
 Aha Howard, GD  
 Debbie Howery, GD  
 Donald & Christianine  
 Howery, AF, MEM  
 Jean Hoy, MEM  
 Jan Huber, MEM  
 Donald & Carol Huckaby, AF  
 Robert & Valerie Hudelson, GD  
 Marian Hughes, MEM  
 Susan Hughes, MEM  
 Celia Huguely & Michael Gardner, AF  
 Judith Humburg, MEM

Andrew Hunt, MEM  
 William & Geraldine Hunter, MEM  
 Edward Hurley, MEM  
 Gary & Sarah Hursh, MEM  
 I.B.M. Quarter Century Club of  
 San Jose, MEM  
 IBM Employee Services Center, GD  
 Robert & Genevieve Ingram, MEM  
 Victoria Isadore, GD  
 Joan Isola, MEM  
 James Jackson, GD  
 Kenneth & Mary Ellen Jacobs, AF  
 Magdalene Jaeckel, MEM  
 Thomas & Kimberly Janousek, MEM  
 Raymond & Linda Janssen, MEM  
 Michelle Jarrett, AF  
 Francis & Marianne Jennings, MEM  
 Charlotte Jensen, MEM  
 John & Catherine Johansen, MEM  
 Maria Johansen, MEM  
 Caroline Johnson, MEM  
 Delmar & Margery Johnson, MEM  
 Jimi Lyn Johnson, GD  
 Joan Johnson, MEM  
 Karen Johnson, MEM  
 Lyle Johnson, AF  
 Robert & Hilda Joice, MEM  
 G. Brian & Cherie Jones, GD  
 Orlo & Ilarene Jones, MEM  
 Veronica Jones, MEM  
 Larry & Mary Jostes, AF, MEM  
 Dieter & Martha Juli, AF  
 Patti Kaida, MEM  
 Joyce Karst, MEM  
 Tomas & Janell Kays, GD  
 John Keating, AF  
 Paul & Margaret Keckley, AF  
 Denise Kendrick, GD  
 Kerby Family Foundation, AF  
 W. Jack & Barbara Kidder, MEM  
 Ronald & Mary Jo Kim, MEM  
 Raye & Elaine Kincade, MEM  
 Allen King, AF  
 Arlena King, AF  
 Paula King, MEM  
 Reginald & Betty King, MEM  
 Ronnie & Judie King, MEM  
 Virginia Kirk, MEM  
 Edwin & Constance Kittredge, AF  
 Robert & Janice Kline, MEM  
 Dr. Alex & Rondalinn Klistoff, MEM  
 Ray & Donna Klocke, MEM  
 David & Sandra Kloose, MEM  
 Frederick & Carol Knarr, AF, GD  
 Andrew & Katherine Kneier, DES, GD  
 Pat Koch, MEM  
 Dr. Ivan & Jean Kochan, AF  
 Berniece Koehler, AF  
 Keith & Debbie Kohler, MEM  
 Fred Kohruss, AF  
 Michael Kolb & Michael Janeczek, MEM  
 William & K. Joyce Koontz, MEM  
 Chester & Diane Krage, MEM  
 Richard & Sharon Kramer, MEM  
 Wallace & Dr. Rene Kronland, AF  
 Illa Kross, MEM



Kruger Development Company, MEM  
 Kenneth & Christine Krugler, GD  
 Sara Kudrle, GD  
 Edwin & Sherrill Kulp, AF  
 Moriya Kurimura, MEM  
 Kathleen Kusanovich & Jeff  
 Greenwood, MEM  
 Margaret Kutcher, MEM  
 Carl & Florence Ladeck, MEM  
 Catherine Laird, MEM  
 Lake Wildwood Association  
 Committees, MEM  
 Lake Wildwood Garden Club, MEM  
 William Lambert, MEM  
 Bill & Ann Lambros, AF  
 Louis & E. Laverne Land, MEM  
 Richard & Patricia Lang, MEM  
 L. William & Arleta Langdon, AF  
 Paul & Marlene Laufman, AF  
 Marion Lavagnino, MEM  
 Marian Lavezzola & Janet Hamilton, AF  
 Barbara Lawrence, AF  
 Donald & Loretta Lawson, MEM  
 George Lawton, AF  
 Angela Lazarow, MEM  
 Michael & Janis Lee, MEM  
 Dr. Steve Leighty, MEM  
 Milda Leiter, AF  
 Grace Leonard, MEM  
 Norma Leone, MEM  
 Margaret LeRoy &  
 Annette Chilton, MEM  
 Frederic & Harriet Levien, AF  
 Stanley & Donna Levin, AF  
 Arlette Lewis, MEM  
 Robert & Janine Liddle, AF  
 Yvette Liddle, AF, GD  
 Dennis & Phoebe Liedstrand, MEM  
 Mildred Liedstrand, MEM  
 Jacquelyn Lillis, MEM  
 Delores Limas, GD  
 Charles Lindquist, AF  
 Joan Lisi, MEM  
 Pat Litchfield, AF, MEM

Denise Little, MEM  
 Susan Lobb-Porter, MEM  
 Sally Logan, AF  
 Eleanor Logsdon, MEM  
 Loma Rica Center, LLC, AF  
 David & Florence Looper, MEM  
 R. J. Lorenzini, MEM  
 Lia Lorton, MEM  
 Carol Lowder, MEM  
 Terry Lowe, GD  
 James & Irene Lucas, AF  
 Katherine Luhmann, MEM  
 Mary Luther, MEM  
 Lynda Maas, AF  
 Kent Erika MacDonald, MEM  
 Gerald Margaret Macedo, MEM  
 Melissa MacFarlane, MEM  
 Gary MacRae, AF  
 Macy's Foundation, AF  
 A. Pete & Gail Maffei, MEM  
 Thomas Maher, AF  
 Susan Mahler, MEM  
 Charles & Teri Maier, AF  
 Hans & Gertrude Maier, AF, GD  
 Mark & Pamela Maier, AF  
 John & Carol Malarkey, MEM  
 Dick & Shirley Mallman, MEM  
 Jerry & Ruth Marrs, MEM  
 Gerald & Carolyn Martini, MEM  
 Richard & Rena Marundee, MEM  
 Ronald & Beverly Mathis, AF  
 Andrew & Laura Matteson, AF,  
 MEM  
 Patricia Maxwell, MEM  
 John & Anita Mayes, MEM  
 Wendy Mc Pherson, DES  
 Katherine McCammon, MEM  
 Max & Ann McCann, MEM  
 Katherine McCollough, AF  
 Patrick & Julie McDermott, MEM  
 Harold & Marilyn McElroy, MEM  
 Grace McFall, AF  
 Paul & Jeanne McGoldrick, MEM  
 Lorraine McGuinness, AF

KEY: AF = Annual Fund; GD = General Fund; MEM = Memorial



# 2011/2012 Community Support | *continued*

June McKenzie, MEM  
 James & Carolyn McKnight, GD  
 Patrick & Marlene McKoy, MEM  
 Charles & Theresa McLaughlin,  
 AF, GD, MEM  
 Michael & Heather McLaughlin, MEM  
 Charles & Mary McLean, AF  
 Ernest & Linda McQueen, MEM  
 McSweeney & Associates, MEM  
 Miriam Meakin, MEM  
 Medical Aid Station Staff, MEM  
 Ruth Meier, MEM  
 Jackie Mencini, MEM  
 Albert Menig, GD  
 Richard & Ann Mentzer, AF  
 John Mercurio, MEM  
 Virginio & Dolores Mercurio, MEM  
 Martha Meredith, MEM  
 Valentin Merkoulou, GD  
 Joyce Merrill, MEM  
 Dean & Daphne Merritt, MEM  
 Alma Meyer, MEM  
 Fred & Wilma Meyers, MEM  
 Robert & Janet Micalizio, MEM  
 Michael and Ina Korek  
 Foundation Trust, GD  
 Michael Sturm Associates, MEM  
 F. D. Mildbrandt, MEM  
 Marilyn & Mary Miller, MEM  
 Anna Mills, MEM  
 The Mills Family, GD  
 Robert & Paula Minklein, MEM  
 Miranda Technologies (G.V.D.), Inc., GD  
 Judith Mitchell, AF  
 Stan & Julie Mocek, AF  
 Kenneth & D. Moe, MEM  
 Morrel & Anita Moe, GD  
 Attilio & Florence Molinari, MEM  
 Corman & Bernardette Moll, MEM

R. & Kathleen Montavon, MEM  
 Gabriela Montoya, MEM  
 Roger & Judy Montre, MEM  
 Richard & Carole Moody, MEM  
 Douglas & Shirley Moon, MEM  
 Dr. Lisa Moon, MEM  
 Linda Moore, AF  
 Raymond Moore, MEM  
 Russell & Nancy Moorhouse, MEM  
 George & Donna Morelini, MEM  
 Raymond & Edna Morford, MEM  
 Sarah Morgan, MEM  
 George & Reita Morin, AF  
 Louise Morley, MEM  
 Sharon Munoz, MEM  
 Clifford & Frances Munson, AF  
 Brad & Maureen Murchison, MEM  
 James Murphy, AF  
 Deborah Myers, GD  
 Gary Naake, MEM  
 Mary Najolia, MEM  
 Anna Nasello, AF, MEM  
 Thomas & Patsy Naylor, MEM  
 Thomas & Cynthia Neenan, MEM  
 David Nelson, MEM  
 David & Elisabeth Nelson, MEM  
 Donald & Betty Nelson, MEM  
 William & Helen Nelson, MEM  
 Alfredo Nespral, AF  
 Marie Nettell, GD  
 Nevada City School District, GD  
 Michael & Peggy Newton, AF  
 Peter & Pearlle Newton, MEM  
 James & Judith Nielsen, MEM  
 Samuel & Mary Nies, MEM  
 Lawrence & Carla Nordstrom, MEM  
 John & Linda Norris, MEM  
 Nossaman LLP, MEM  
 Joseph & Barbara Novak, AF

Max Ocampo, MEM  
 Michael & Janet O'Driscoll, MEM  
 Richard & Deborah Oehmcke, AF  
 Rose Oghigian, AF  
 Joseph & Meredith O'Leary, MEM  
 Elton & Carolyn Olier, MEM  
 The Olympic Club, MEM  
 Lawrence Ouellet, AF  
 Alice Overby, AF  
 Linda Ozaki, MEM  
 Thomas & Judith Packham, MEM  
 Rodger Page, MEM  
 Lawrence & Lawrence Painter, MEM  
 Jonathan & Jennifer Palmer, GD  
 Stefan & Maxine Palmer, MEM  
 Jon & Marcia Pankake, MEM  
 Edward & Sandra Pardini, MEM  
 Dr. Sachin Parikh & Dr. Christine  
 Gebert-Parikh, MEM  
 Thomas & Corinne Parilo, MEM  
 Cindy Parker, MEM  
 Ruth Parks & Mahnaz Steinmann, MEM  
 William & Lorna Parrish, GD  
 David & Jude Parry-Jones, MEM  
 Edith Pasner, GD  
 Michael Pasner, AF  
 Susan Pastorini, MEM  
 Charles & Patricia Patterson, MEM  
 Wade Patterson, MEM  
 Paulette's Country Kitchen, MEM  
 Dr. Roy & Darlene Paulsen, MEM  
 Mike & Nancy Payne, MEM  
 Lawrence & Rebecca Peabody, AF  
 James & Barbara Pearce, MEM  
 John & Anne-Marie Pearson, MEM  
 Charles & Joan Peer, MEM  
 Dorothy Pellicano, MEM  
 Diana Pello, AF  
 Gerald & Lois Pemberton, MEM

Laurie Pemberton, MEM  
 Eileen Pensky, MEM  
 Donel Peres, DES  
 Robert & Teresa Personeni, MEM  
 Peters' Drilling & Pump Service, Inc., AF  
 John & Nikki Peterson, GD  
 Robert & Dale Peterson, AF, MEM  
 PG&E Corporation, GD  
 Katherine Pierce, AF, MEM  
 Jose & Arlene Pineda, MEM  
 Gordon & Mary Pipkin, AF  
 Wayne & Janet Pittenger, MEM  
 Barbara Pizzolato, MEM  
 Timothy & Karen Platner, MEM  
 William & Lorene Plumlee, AF  
 Christopher & Donna Poinsette, MEM  
 Marie Poppenberg, MEM  
 Edwin & Lucinda Porter, MEM  
 Daniel Powell, AF  
 EllenJane Powell, MEM  
 Richard & Lois Powell, MEM  
 Stephen & Julia Powell, AF  
 John Janey Powers, AF  
 Jerome Bernice Pressler, MEM  
 Iris Preuitt, GD  
 Roberta & Kim Proctor, AF  
 John & Mary Pulley, MEM  
 Karina Punu, MEM  
 Donald & Patricia Queen, AF  
 Michael & Barbara Quinn, MEM  
 Sue Quinn, MEM  
 Dorothy Qurnell, MEM  
 Rabun Gap Presbyterian Women, MEM  
 Rose Rankin, MEM  
 Dr. Holger & Linda Rasmussen, AF  
 Audrey Rath, MEM  
 John & Donna Recker, MEM  
 Howard & Eleanor Reed, MEM  
 James & Edith Reese, MEM  
 Mary Reese, AF  
 Ralph & Kathryn Reichert, MEM  
 Donald & Jeanne Reid, MEM  
 John & Sandra Reinig, MEM  
 Mark Reinig, MEM  
 John & Linda Reisinger, MEM  
 Charles & Ruth Reluga, MEM  
 Jean Remillard, MEM  
 Danny & Joan Rennaker, MEM  
 Mary Rich, AF  
 Arthur & Maureen Richardson, AF  
 James & Jean Richardson, MEM  
 James & Vicky Richardson, MEM  
 John & Joan Richter, AF  
 Kenneth & Elaine Richter, MEM  
 Betty Ricker, MEM  
 William & Beverly Riddle, MEM  
 Mahlia Riebeling, MEM  
 Thomas & Sharon Rigdon, MEM  
 Anne Riley, MEM  
 Jim & Jennie Riley, MEM  
 Alice Ringer, MEM  
 Charles & Mary Risch, MEM  
 Bill & Donna Roach, AF  
 John & Barbara Roberts, AF  
 Bradley & Mary Robertson, MEM



# 2011/2012 Community Support | *continued*

Lowell & Lois Robinette, MEM  
 Neil Robinson, MEM  
 Ron Rodrigues, MEM  
 Linda Rodriguez, AF, MEM  
 JoAnn Rogers, MEM  
 Kara Rogers, GD  
 Beatrice Rood, GD  
 Linda Rose, AF  
 Marshal Rosenthal, MEM  
 Shirley Ross, MEM  
 Jim & Janelle Roster, MEM  
 Audrey Rowe, MEM  
 Allen & Patricia Rumpler, MEM  
 Schelton & Patricia Runyon, MEM  
 Ned & Debra Russell, MEM  
 Paul & Donna Russell, MEM  
 Nicole Rutherford, GD  
 William & Mary Jane  
 Ryan-Connelly, GD, MEM  
 Diane Saar, MEM  
 Jerry & Emi Sakai, AF  
 James & Shirley Salisbury, AF  
 Ken & Linda Salzman, GD  
 Paul & Linda Salsgiver, MEM  
 Harry Salvini, GD  
 San Jose State University  
 Foundation, GD, MEM  
 Patricia Sandos, MEM  
 Roger & Nancy Sanford, MEM  
 Ronald & Diane Sanguinetti, MEM  
 Enos Santos, MEM  
 William & Barby Savage, MEM  
 Save Mart Supermarkets, GD  
 Bill & Kathryn Schmidt, MEM  
 Larry Schmidt, AF  
 James & Janet Schroeder, MEM  
 Erwin & Lillian Schulze, AF  
 George & Lois Schwind, MEM  
 Charles & Pam Scimeca, MEM  
 John & Dorothy Scott, AF  
 Joseph & Janet Seck, MEM  
 William & Karen Seckington, AF  
 Eugene & Marjorie Seiler, MEM  
 Elmer & Jacqueline Shapiro, GD  
 Kim Sharman, MEM  
 William & Connie Sharp, AF, MEM  
 Dennis & Sylvia Shelton, MEM  
 Delores Shepard, MEM  
 Dr. Richard & Frances Sheridan, AF  
 Michael Shiner, MEM  
 Glen & Annette Shook, MEM  
 Robert & Clarice Shor, MEM  
 Thomas & Nadine Shub, AF  
 C. Blaine & Marian Shull, AF  
 William & Esther Shultz, MEM  
 Betty Shuman, MEM  
 Sierra Trail Blazers, MEM  
 Tuck & Bonnie Silva, MEM  
 K. A. & Alice Simmons, GD  
 Jack & Sarah Simpson, GD  
 Kenneth & Arlene Siprelle, MEM  
 William & Edna Sirago, MEM  
 Lewis & Edris Sitzler, MEM  
 Dr. Carson & Miriam Skaggs, MEM  
 Joseph & Sue Sliakis, AF, MEM

Marika Slolenski, GD  
 Francis Small & Maryellen Walsh, MEM  
 Smalley Family Limited PNS, MEM  
 Harry & G. Smart, MEM  
 Audrey Smith, MEM  
 Barbara Smith, MEM  
 Elizabeth Smith, AF  
 Jack & Audrey Smith, MEM  
 Lew & Tricia Smith, MEM  
 Lillian Smith, GD  
 Randolph & Margaret Smith, AF  
 Steven Smith, MEM  
 Susan Snider & Michael Percy, AF  
 Vincent & Sally Sokira, MEM  
 M. Southern, MEM  
 Frank & Betty Southwick, MEM  
 Norwood & Shirley Souza, MEM  
 Mary Soviero, MEM  
 SPD Market, Inc., DES, AF, GD  
 John & Patti Spencer, AF, GD  
 Shelley Spilberg, MEM  
 Stan & Jeanne Spring, AF  
 Harold & Stephanie Sproul, MEM  
 Squaw Valley Ranch, LLC, MEM  
 Robert & Marta Stage, MEM  
 Emilie Stallings, GD  
 Stan & Daisy Stanton, MEM  
 Linda Starry & Viola Wright, MEM  
 Nicolas Stathakos, MEM  
 Carol Stephens, MEM  
 Linda Stephens, MEM  
 Lynda Stephenson, AF  
 Ray Sterner, MEM  
 Herman & Janet Stevens, MEM  
 Nancy Stewart, MEM  
 Yvonne Stieper, MEM  
 Jack & Marie Stillens, AF, MEM  
 Wendy Stoermer, MEM  
 William & Antoinette Storm, GD  
 Leslie Storr, MEM  
 James & Mary Stradinger, AF  
 Clifford & Helen Stransky, AF, MEM  
 Nellie Strong, GD  
 A. & Leslie Stutz, MEM  
 Helene Suess, MEM  
 James & Mary Sutton, MEM  
 Kenneth & Deborah Suzuki, MEM  
 Myrtle Swain, MEM  
 Thomas & Janice Swisher, MEM  
 Bobbie Switzer, AF  
 Merrill Sword, AF  
 Sam & Gail Tagart, AF  
 Lynne Tallant, MEM  
 Earlene Tankersley, MEM  
 Ralph & Marjorie Tarter, MEM  
 Richard & Dorothy Teague, AF  
 O. Lee & Jean Teague, MEM  
 Nancy Telley, MEM  
 Patricia Tenvold, MEM  
 Roland & Barbara Teuber, MEM  
 David Thomas, DES  
 Jeffery & Gayle Thomas, GD  
 William & Juanice Thomas, MEM  
 Charlene Thompson & Patricia  
 Reardon, GD

Carolyn Thornton, GD  
 Olga Thorson, AF  
 Patricia Tillman, AF  
 J. & Diane Timko, MEM  
 John Timmer, GD  
 Michael & Miriam Timrott, AF  
 John & Connie Tingle, GD  
 Mary Todd, MEM  
 Tops CA 1739, MEM  
 John & Bonnie Torres, AF  
 Louis Townsley, AF  
 Nancy Tracy, MEM  
 Sharon Tremaine, MEM  
 Donald & Patsy Tremewan, MEM  
 T. Bruce & Barbara Truesdell, MEM  
 Stan Truex, AF  
 Truist, GD  
 Ralph & Janice Turner, DES, GD  
 Charles & Kathy Tuttle, AF  
 Gary & Carolyn Twing, AF  
 Amy Umpleby & Tom Phillips, MEM  
 Donald Unger, MEM  
 United Association of Journeymen  
 and Apprentices, MEM  
 United Way, GD  
 United Way Mile High United Way, GD  
 United Way Of Nevada County, GD  
 Carola Upham, MEM  
 Anthony & Bobbie Urata, GD, MEM  
 USS Maddox Association, MEM  
 John & Mary Valentine, MEM  
 Dianne Van de Carr, MEM  
 Robin Van Metre, MEM  
 Roy & Gail Vandenheuvel, MEM  
 Priscilla Vanderpas, MEM  
 Terry & Sandra VanEtten, MEM  
 Mildred & Richard Vasey, GD  
 R. M. & L. F. Vial, MEM  
 Joe & Margaret Vielbig, MEM  
 Mary Vignassa, MEM  
 Valentina Waddell, AF, MEM  
 Richard & Margaret Wagner, MEM  
 Aryliss Walby, MEM  
 Edna Waldo, MEM  
 Edward & Kay Walker, AF  
 Daniel & Lori Walsh, MEM  
 Joseph & Janet Walsh, MEM  
 Mary Wamsler, AF  
 David & Sally Ward, MEM  
 Greg Ward, GD  
 James Ward, MEM  
 Mary Warner, MEM  
 Warren G. Bender Co., MEM  
 Allyn Washington, GD  
 Fusako Wasley & Betty Reason, MEM  
 Georgine Wasley, MEM  
 Gerald & Nancy Wasley, MEM  
 Eleanor Wasson, AF  
 Waste Management Inc, GD  
 Waters Construction, MEM  
 Victoria Webb, MEM  
 Patricia Weeks, MEM  
 Duane Wehrs, MEM  
 Thomas & Sandra Wells, MEM  
 Wilbur Wells, GD

Wells Fargo Community Support  
 Campaign, GD  
 Roger & Marie Wemple, MEM  
 John West, MEM  
 The West Wind, DES  
 Dan Wheat, GD  
 Jerald & Mary Ann White, AF, GD  
 John & Michele White, AF  
 Jerryan Whiteman, MEM  
 Robert & Elaine Wiedewitsch, MEM  
 Lowell & Shirley Wilde, AF  
 Ray & Kathleen Wilde, AF  
 J. Michael & Donna Wilder, MEM  
 Robert & Arlene Wilder, MEM  
 Wildwood Niners, MEM  
 Charles Wiley, MEM  
 Michael Wilkie, AF  
 Yvonne Will, MEM  
 Daren Willey, MEM  
 James Williams, MEM  
 Kenneth Williams, MEM  
 Katherine Willis, GD  
 Hubert & A. Elaine Willman, MEM  
 Dan & Deborah Wilson, AF, MEM  
 Donald & Diane Wilson, GD  
 James Wilson, MEM  
 William & Anne Wilson, AF  
 Albert & Ellen Wing, AF  
 Robert & Carolyn Winters, MEM  
 John & Tracey Wintersteen, AF  
 Rena Wittkopf, MEM  
 Sally Wohlers, MEM  
 Barbara Wohlman, MEM  
 Harold & Patricia Wolfe, MEM  
 Melinda Wolff, MEM  
 Milton & Lovelle Woo, MEM  
 Karen Wood, DES  
 Tonya Wood, GD  
 Cora Woodhouse, MEM  
 Eddie & Pam Workman, MEM  
 Anne Wright, MEM  
 Louise Wynn, MEM  
 Richard & Mary Ann Wynne, MEM  
 Constance Yates, MEM  
 Yale & Letitia Yee, MEM  
 Marilyn Yerkes, AF  
 Richard & Holley Young, MEM  
 Young Enterprises L. P., MEM  
 Jean Youngs, MEM  
 Yuba River Wealth Management, GD  
 Lynn Zankich, AF  
 Charles & Elizabeth Zavitz, AF  
 Eugene & Nina Zepp, MEM

**Thank you**  
*for remembering*  
**Hospice of the Foothills in**  
*your will or trust.*

*Hospice of the Foothills welcomes notification of any omissions and/or misspellings.*

KEY: AF = Annual Fund; DES = Designated; GD = General Fund; MEM = Memorial

# facts & figures | 2011/2012

Patient Care & Program Revenues for 2011/2012 were \$6.4 million.

## patients

FISCAL YEAR	PATIENTS & FAMILIES SERVED
2009/2010	435
2010/2011	477
2011/2012	542

**Did you know...**the total number of hospice patients served increased by 22% from the prior year?

**Did you know...**we serve patients in Placer, Yuba & Nevada counties?

### Patient Care & Program Expenses for 2011/2012 were \$7.4 million.

The average unfunded costs are \$1,460 per day. Patient needs are growing and so is Hospice of the Foothills!

**Did you know...**in the Compassionate Care Home we served almost twice the number of patients from the prior year?

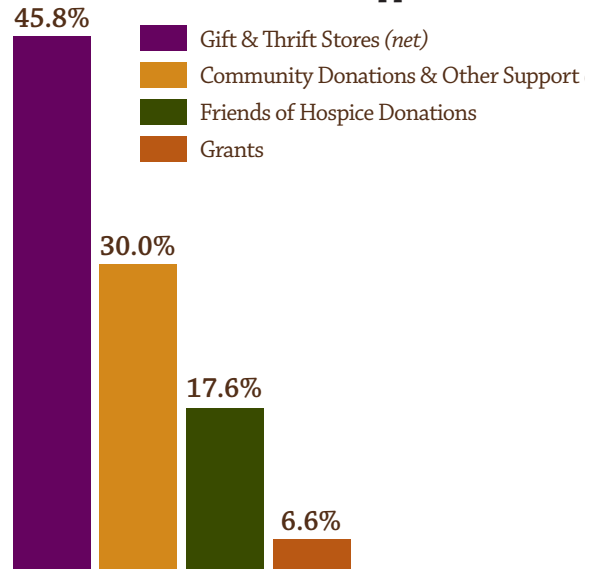
## volunteers make a difference!

	number of volunteers*	# of volunteer hours
Direct Patient Care	72	2,373
Clinical & Administrative Support	40	2,238
Gift & Thrift Store Support	176	20,982
Friends of Hospice (fundraising)	221	7,526
<b>TOTAL</b>	<b>509</b>	<b>33,119</b>

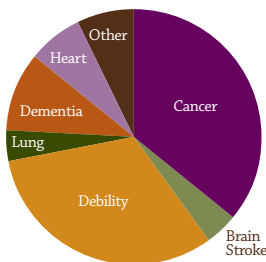
\*unduplicated volunteers

**Did you know...**Hospice of the Foothills gives back to the community? As a major employer with over 90 employees, we support local households through payment of more than \$4.4 million in wages and benefits.

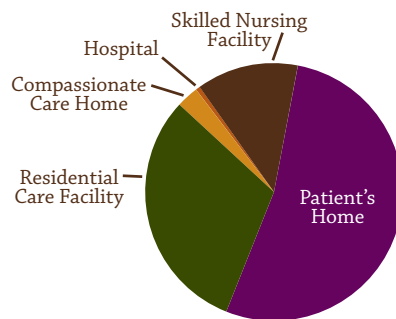
### Non-Patient Support



### Disease Reported Upon Admission



### Services by Location of Care



## Hospice of the Foothills' Community Connection

A Message from Hospice of the Foothills' Executive Director, Vanessa Bengston, RN, CPHQ



Hospice of the Foothills' *Community Report* nurtures our connection with the community by sharing the stories of how your support connects to the care and comfort we provide to those with life-limiting illnesses, their families, and the bereaved, as well as to our veterans, seniors, and the underserved.

To bridge the "connection," we've stepped up our collaboration with our community healthcare partners and sought needed funding from grants. We are building on a 2009 "Reaching Out," grant from the U.S. Dept. of Veterans Affairs and the National Hospice and Palliative Care Association to collaborate more effectively in serving veterans in rural areas. Next month, we will participate in the "WE HONOR VETERANS" program with professional education, outreach, and best practice to ensure quality end-of-life care for the almost 150 Veterans HOF serves each year.

Veterans HOF serves each year.

Through another significant "connection," in 2012, HOF received generous grants from the **Joseph & Vera Long Foundation** and **Catholic Healthcare West, Dignity Health**, for advanced care planning and supportive care services for seniors. These grants have enabled us to build stronger connections with families and our healthcare partners for the safety, quality of life, and dignity our seniors deserve. Connections keep us in touch with the needs of our community. Thank you for staying connected with us to help meet those needs through your generous support.



11270 Rough & Ready Hwy.  
Grass Valley, CA 95945

### **Mission Statement**

*Hospice of the Foothills affirms life and promotes dignity at the end-of-life by providing professional, comprehensive, and compassionate care to the patients, their loved ones, and the community.*



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### **A message from Hospice of the Foothills Board of Directors President**



Dear Friends,

On behalf of Hospice of the Foothills' Board of Directors and staff, I am pleased to provide you with our annual Community Report highlighting the organization's patient programs and community services in fiscal year 2011/12 and, most importantly, your role in supporting our mission, patients, and families with your gifts to our annual fund's Circle of Care.

In fiscal year 2011/12, Community Support provided \$189,453.00 from 1,038 donors enabling us to meet the needs of more than 500 patients and families in western Nevada County and the surrounding communities. The graphs on page 11 show how HOF used these funds to sustain and grow our patient programs and services.

Hospice of the Foothills provides care to those with life-limiting illnesses regardless of their ability to pay. While more than 70% of our revenue comes through reimbursements from MediCare, Medi-Cal, and private insurance, the gap continues to widen between reimbursements and the rising costs of healthcare including hospice care. Our community services, which include our bereavement and spiritual care programs, the Hospice-sponsored Transitions care coordination program, and programs that meet the needs of Veterans and seniors are provided by HOF at no cost to recipients.

The shortfall between care and cost is an ongoing financial challenge for us. Our Circle of Care annual appeal gives you the opportunity to help us meet this challenge. This year, gifts to HOF of \$500.00 or more will be recognized by membership in our Circle of Care, Hospice's premier stewardship and donor recognition program. By selecting one of the giving opportunities described in the enclosed appeal envelope you will be contributing to the compassionate care and support our patients and their families need and deserve.

On behalf of our patients, families, and community we serve, thank you for your ongoing generosity and support.

Sincerely,  
Leo Granucci, *President, Hospice of the Foothills Board of Directors*

**Contact us...WE CARE**

530.272.5739

[www.hofo.org](http://www.hofo.org)